

SUMMER TO-DOS

_____ Make bed

_____ Have breakfast

_____ Brush teeth

_____ Get dressed

_____ Read 20 minutes

_____ Puzzles, Board Game, Cards, Math 30 minutes

_____ Clean up room

_____ Play outside 45 minutes

_____ Be creative (color, build, write)

_____ Help out someone who needs it

Then

_____ Screen time (TV, Tablet, Computer) 1 hour

Be sure to use your  **LAPDOG** LAPDOGNOW.COM

